

The Clinical Pathway Initiative

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Introduction

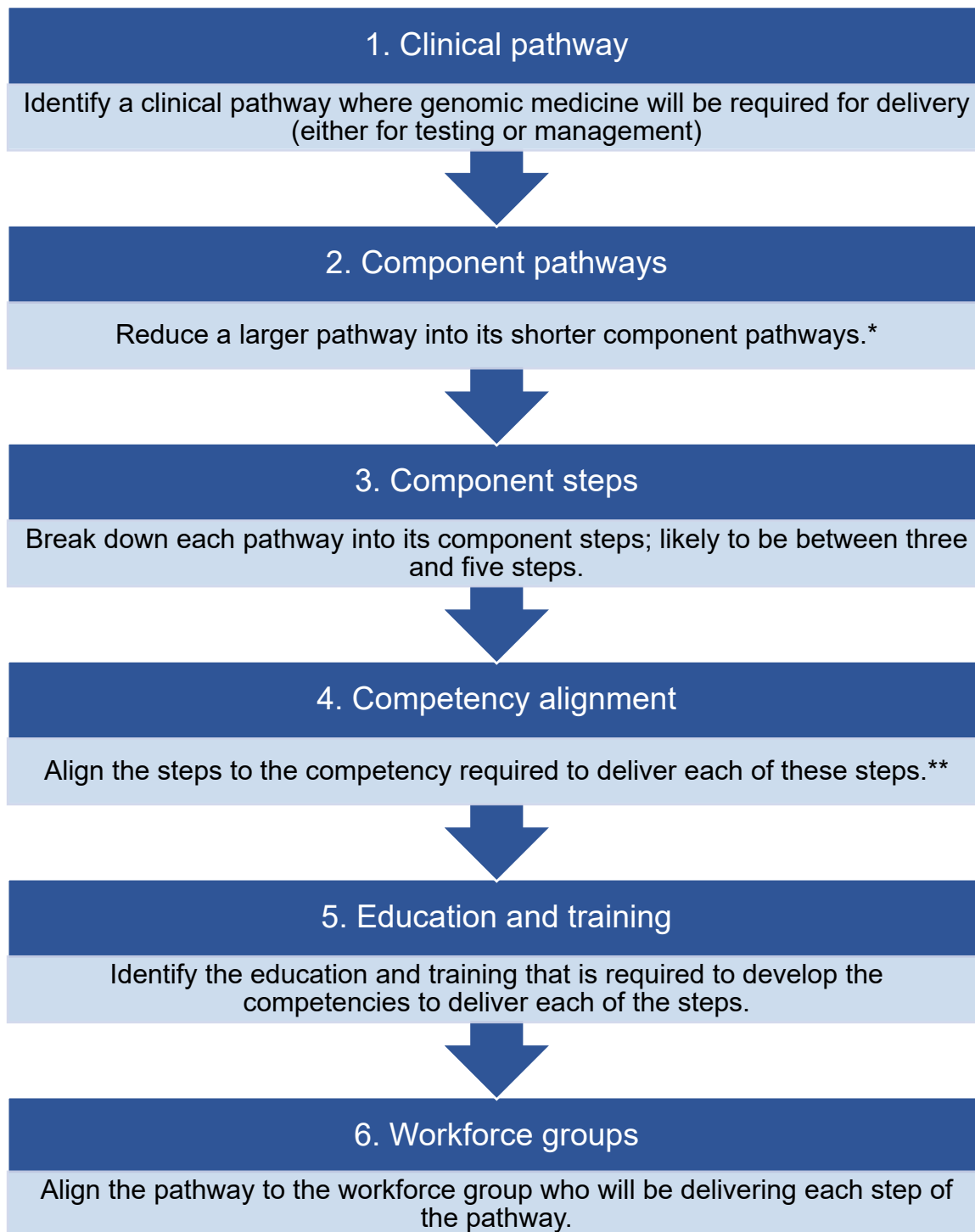
Thank you for contributing to the Clinical Pathway Initiative. This is a collaboration between NHS England and NHS Improvement (NHSE/I), Health Education England (HEE) and the Academy of Medical Royal Colleges (AoMRC) to facilitate the integration of genomic medicine through the alignment of patient pathways, workforce development and education/training requirements.

The aims of the initiative are to:

1. introduce a **unified approach** to the integration of genomic medicine across the different specialties;
2. **identify** the workforce development and education/needs;
3. **harness** and **share** expertise from around the country;
4. **avoid duplication** of effort and resource development; and
5. provide a **'bite-sized' clinically relevant** approach to genomic medicine.

Each clinical pathway project is built around a patient pathway and is the approved NHS Genomic Medicine Service (GMS) resource. The patient pathway should be a high-level pathway and we are prioritising those clinical areas where genomic medicine will be initially adopted. Each pathway is linear, and many are likely to be smaller sections of larger pathways or networks. A flow diagram representing the steps to developing a pathway project is shown overleaf.

Developing a pathway project



* For instance, a larger pathway to investigate an intellectual disability might be divided into one pathway to request genomic and testing and several pathways to return results, namely: 1) for a clearly causative result, 2) where no genomic change is identified; 3) for a variant of uncertain significance and 4) an incidental finding is identified.

** Consult with the HEE Genomics Education Programme's [competency frameworks](#).

Illustration of how to develop a pathway project

An exemplar of the pathway project is shown here. (Please note, this is not a completed project but is shown for illustration.)

1. **Clinical pathway: Identify a clinical pathway where genomic medicine will be required for delivery (either for testing or management).**

In this example, you identify a clinical pathway for genomic testing to investigate a child with an intellectual disability.

2. **Component pathways: Reduce a larger pathway to its shorter component pathways.**

For instance, a pathway undertaking testing to investigate an intellectual disability might be divided into smaller pathways: a) requesting genomic testing and b) interpreting and feeding back results, the latter of which could be broken down further, to the following component pathways:

- a) Requesting testing
- b) Feeding back results: causative result is identified
- c) Feeding back results: no genomic cause is identified
- d) Feeding back results: uncertain result is identified
- e) Feeding back results: incidental finding is identified

The step we will focus on in this exemplar is a) Requesting testing.

3. **Component steps: Break down each pathway into its component steps; likely to be between three and five steps.**

It is helpful to use a spreadsheet to start the mapping process, and you may find our [spreadsheet template](#) helpful for this. You will see that we have divided the component pathway into five steps:



4. Competency alignment: Align the steps to the competency required to deliver each of these steps.

Determine which competencies your workforce will require to deliver each of the steps. You may find it helpful to refer to the [competency frameworks developed by the HEE Genomics Education Programme \(GEP\)](#) and the genomic syllabus developed by the Academy of Medical Royal Colleges. Number each learning need.






Steps	Stratify patient to genomic testing	Decide what genomic test to undertake	If applicable, check for specific gene/s in panel	Seek patient's consent for genomic testing	Request genomic testing
Identify learning needs	1. Demonstrate up-to-date knowledge of the conditions occurring within their specialist area for which genetic or genomic testing may be offered	1. Describe and distinguish the different (commonly used) genomic laboratory techniques	1. Understand that some neurodevelopmental disorders may be associated with specific clinical features that suggest a specific genetic diagnosis	1. Understand why consent is needed for genomic testing	1. Understand how to use the genomic test directory and the significance of R numbers
	2. Differentiate a gene and a chromosome	2. Describe how to find out whether or not a test is undertaken through whole genome sequencing	2. Identify web sites that can be accessed to identify genes and panels and critically evaluate their content	2. Appreciate the potential outcomes of genomic investigations including causative, non-causative, uncertain or incidental results	2. Understand the Genomic Laboratory Hub (GLH) national structure and how to access your regional GLH
	3. Identify those clinical features that could indicate an underlying genomic diagnosis	3. Assess where genomic testing is appropriate in the patient's clinical pathway		3. Understand and consent for the familial implications of genomic testing	3. Understand what forms are needed, where to find them and how to complete them
				4. Convey to patients the purpose and process of the clinical test being offered	4. Appreciate the significance of parental samples in genomic testing
				5. Apply core clinical skills to the genomic test conversation	5. Ensure process of recording consent follows national / local processes and governance arrangements, and is appropriate for the test being requested

5. Education and training: Identify the education and training that is required to develop the competencies to deliver each of the steps.

Map each of the steps to the education and training resources that are required to develop those competencies. Note in brackets which numbered learning need(s) each resource addresses. If you know that a resource exists that would meet this need, please provide a link or the resource itself.

Steps	Stratify patient to genomic testing	Decide what genomic test to undertake	If applicable, check for specific gene/s in panel	Seek patient's consent for genomic testing	Request genomic testing
Identify resources	Medline Plus genetics conditions (1)	Genomic laboratory techniques: array CGH for chromosome imbalances and single genes (panels, WES and WGS). Know what WGS doesn't detect (1)	Genomic laboratory techniques: array CGH for chromosome imbalances and single genes (panels, WES and WGS). Know what WGS doesn't detect (1)	GEP's Let's Talk About Genetic Testing film series (1, 4)	"How to use the National Genomic Test Directory" resource (1)
	Fundamentals of genomics (including genes and chromosomes) (2)	Genomic technologies resource (1)	PanelApp resource (2)	GEP online course series: Facilitating Genomic Testing (1-5)	The national genomic structure with guide to GLHs and GMSAs (2)
	Genomics Education Programme (GEP) online course series: Genomics 101 (2)	"How to use the National Genomic Test Directory" resource (1)	"How to use the National Genomic Test Directory" resource (1)		Genomic forms (test order forms and record of discussion forms) and how to complete them (3, 5)
	The flags for a genomic diagnosis in neuro-developmental disorders (3)				"What is whole genome sequencing?" resource (4)

6. Workforce group: Align the pathway to the workforce group(s) who will be delivering each step of the pathway.

Steps	Stratify patient to genomic testing	Decide what genomic test to undertake	If applicable, check for specific gene/s in panel	Seek patient's consent for genomic testing	Request genomic testing
Identify workforce					
	Paediatrician	Paediatrician	Paediatrician	Paediatrician	Paediatrician

Once your pathway project is complete, please [email the spreadsheet to the GEP](#).

You can also [email us with your questions or suggestions](#) to improve the template or process.

Pathway projects and the national transformation projects

In the first instance, we are prioritising five of the national transformation projects (Lynch syndrome, monogenic diabetes, FH, sudden cardiac death and DPYD) to formulate into a pathway project structure. We hope that, by piloting this approach with these five projects, we will be able to develop a sustainable infrastructure going forward.

Once the pathway structures for the five projects have been created, we will upload these to the HEE GEP website so that they can be nationally accessed, modified for local / regional needs and used in clinical practice. We also plan to include a table of completed and ongoing projects so that, if you are inspired to move on to subsequent projects, you can see which have been developed and which need developing.

Developing the education to support the pathway project delivery

A considerable education and training package will be required to deliver each of the pathway structures that are developed. Ideally, these resources would be 1) developed in line with a template/guide and 2) hosted/signposted on the GEP website so that they can be easily accessed and nationally shared.

We are developing a new resource called GeNotes (**Genomic Notes** for clinicians), which would be the ideal platform to develop and disseminate many of these resources. If you are interested in finding out more about, generally contributing to, or using the GeNotes platform as the repository for your pathway project educational tools, please see Appendix 1, which includes the resource development process and templates.

Governance

All clinical pathway projects will be ratified by the [HEE and NHSE/I joint workforce steering group](#) and [AoMRC's Genomics Professional Partnerships Group](#) (GPPG) before being uploaded to the GEP website and nationally disseminated.

You can choose either to [submit your completed project to the GEP](#) or present the project yourself at either the joint workforce steering group or AoMRC's GPPG meetings.

Any queries?

If you are interested in developing a pathway project but have questions, please [contact the GEP](#).

Appendix 1: GeNotes

GeNotes is an online 'just in time' educational resource being developed by subject matter experts in collaboration with HEE's GEP.

It has been designed for healthcare specialists working within the NHS and aims to provide the education and training at the point of need, with 'hooks for learning' into an extended learning opportunity. This is achieved through a tiered structure.

Tier 1: In the Clinic

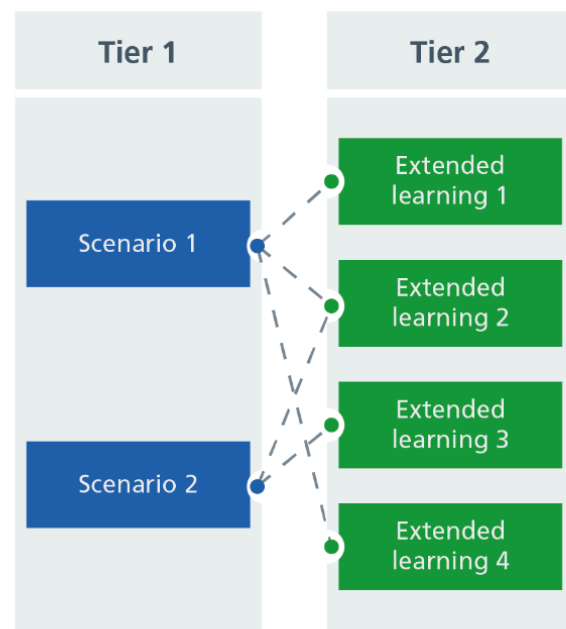
Tier 1 resources are based around the point of patient care and are centred around a clinical scenario. They are organised in a section titled 'In the Clinic' comprising two types of resources: one for the presentation/testing stage, and another for the results stage.

The testing resources are aligned to the National Genomic Test Directory and are designed to a template where the clinician can first 'locate'

themselves through a generic clinical scenario, then check whether their patient is eligible for testing, and then access information on how to request testing. The results-focused resources educate a clinician about the different types of results that may be returned and how these should or could be actioned: clinically actionable; variants of uncertain significance; and no clinically actionable variant identified.

Tier 2: Knowledge Hub

Tier 2, or the Knowledge Hub, acts as an encyclopaedia of resources that can be accessed either via a link embedded in tier 1 or independently. The resources are organised into different themes, including conditions, genes, inheritance patterns, genomic technologies, communication resources, and the GMSA/GLH structure.



These resources can feature a range of different media including articles, narrated slide decks, infographics, filmed interviews and animations. For those who have previously undertaken a MOOC (massive open online course) on FutureLearn, the Knowledge Hub can be seen as a 'muddled-up MOOC', where the individual learner can chart a bespoke learning journey reflecting their educational requirements and interests.

GeNotes is also designed to link to external resources. It will signpost to management guidelines (including NICE), external educational resources and curricula, as well as resources for clinicians to share with their patients.

[GeNotes development process](#)

If you are interested in developing a resource for GeNotes that can be shared nationally, please follow the flow diagram on the next page.

Developing GeNotes resources to support a pathway project

1. Identify resources to support pathway competencies

What educational resources do you need to support the development of your framework?



2. Is this a Tier 1 (In the Clinic) or a Tier 2 (Knowledge Hub) resource?

List the types of resource(s) you will need to create. Are they Tier 1 (at the point of patient care and centred on a clinical scenario)? Or are they Tier 2 (foundation knowledge)? In some cases, you may develop Tier 1 resource(s) and accompanying linked Tier 2 resource(s).



3. Contact the specialty working group

You can contact the specialty working group via the GEP to outline your proposed resources. This is important to ensure that:

- 1) you have the appropriate support developing the resource to template;
- 2) the resource(s) haven't already been developed; and
- 3) the resource enters the GeNotes editorial process.

* If a working group hasn't yet been established for the specialty area for which you want to develop a resource, please [contact the GEP](#) and we can still progress your resource through the editorial process.



4. Develop resource(s) for upload and dissemination

Please develop the resource as per the templates and ensure your name and the names of any other contributors are included so that you can be acknowledged.

As part of the editorial process, you may be contacted with queries or asked to check the final article before publication. Please also indicate whether you would be happy to be contacted in the future to review and update the resource(s).

GeNotes templates

We have developed template documents for GeNotes, which are shown on the following pages. If you are developing a resource that you feel would be suitable for Tier 1 or Tier 2, then please develop it according to these templates.

Instructions are provided in the grey text boxes. Please note, these instructions should be removed from the final document.

'In the Clinic' (Tier 1) template document

Presentation: A child with an intellectual disability

For some children presenting with an intellectual disability with developmental delay, there will be a genetic cause.

Title and summary: For a presentation/testing-stage article, the title should describe the clinical presentation. (For a results-stage article, the title should describe the results, eg 'Patient with colorectal cancer (germline DPYD variant)').
The one-sentence summary below the title should highlight key point(s) of the article.

Example clinical scenario

Example clinical scenario: This should describe a patient scenario that a clinician might encounter with this presentation. Keep it brief: 4-5 lines or 80 word maximum.

A family attend clinic concerned because their six-year-old son's development is delayed: he sat at one year, was walking at 2.5 years and, at the age of six, has some single words but is not talking in sentences. He has some dysmorphic features and was diagnosed with an atrial septal defect following the detection of a heart murmur at the newborn check.

When to consider genetic testing

When to consider genetic testing: This should help to guide the clinician as to when genetic testing is appropriate for the presentation. The [test directory eligibility criteria document](#) has a list of testing criteria. If available, these criteria should be used here.

- Moderate to profound intellectual disability
- An intellectual disability (of any severity) associated with:
 - behavioural problems, including autistic spectrum disorder;
 - other medical problems, such as seizures, congenital heart disease;
 - abnormal growth patterns (growth retardation, overgrowth, asymmetric growth);

- microcephaly or macrocephaly;
- dysmorphic facial features; and/or
- a family history of learning disability (particularly if X-linked pattern) or of multiple miscarriages

What do you need to do?

What do you need to do: This section is not about the diagnostic process or general management, but what you need to do in terms of ordering genomic testing.

- Consult the [test directory eligibility criteria](#) to ensure your patient is eligible for testing and to access a spreadsheet of all available tests.

Always include the first bullet point with links to test directory eligibility criteria and spreadsheet.

- Decide which of the panels best suits the needs of your patient/family. For developmental disorders, there are a number of available panels including:
 - R27: if you have already done array CGH and Fragile X testing and would like to investigate single gene causes of a child's developmental delay/intellectual disability.
 - R29: if no genetic testing has yet been undertaken in a child with developmental delay/intellectual disability. This panel includes microarray, fragile X testing and sequencing.
 - R377: if only a microarray is required.
 - R47: if you think your patient might have a diagnosis of **Angelman syndrome**.
 - R48: if you think your patient might have a diagnosis of **Prader Willi syndrome**.
 - R53: if you think your patient might have a diagnosis of **Fragile X syndrome**.

Conditions highlighted in green: Make a note if any of the conditions you list are not currently included in the Knowledge Hub and need developing. Of note, the GEP's [genetic condition factsheets](#) can be adapted for this purpose (where available).

- A record of discussion (RoD) form is required. If you have not completed a RoD form before or do not have access to one, please find information [here](#).
- Depending on the details you provide and the panel chosen, a range of genomic investigation techniques will be applied to your patient's and, if appropriate, their family's DNA. These include (but are not restricted to):
 - Whole genome sequencing
 - Whole exome sequencing
 - Gene panel
 - Single gene testing
 - Methylation studies
 - Southern blotting
 - Common aneuploidy testing
 - Microarray
 - MLPA

Technologies highlighted in green: Please prune as necessary. Each of these will link to a Tier 2 Technologies document, which will be available to link to as necessary.

- For DNA-based tests (all the above listed tests), an EDTA sample is required. For many of the tests (particularly whole genome and exome sequencing), parental samples are also needed/helpful. Please refer to your local GLH for details of test request forms and where to send samples.

Resources for clinicians:

Resources for clinicians: Link to any resources you think would be helpful (such as review papers, NICE guidelines, criteria for diagnosis, management guidelines and so on). Also there will be some printable Patient Communication Aids that might be relevant, such as for explaining AD/AR/XL inheritance. These are listed on the spreadsheet. Please also include the NGTD links as standard.

- [National Genomic Test Directory and eligibility criteria](#)

Resources for patients:

Resources for patients: Link to any recommended patient information.

'Knowledge Hub' (Tier 2) template document

Expert adviser: _____

SMN1-related spinal muscular atrophy

Spinal muscular atrophy (SMA) is a genetic disorder where loss of anterior horn cells in the spinal cord (lower motor neurons) and the brain stem nuclei causes muscle weakness and hypotonia in the context of normal cognition.

Title and summary: The title should specify the topic, in this case the genetic condition. The summary below should provide a one-sentence outline of the topic.

If possible, please identify an expert adviser who is happy to review the completed article. (Where appropriate, this may be done by the working group's senior reviewer.)

Clinical features

Clinical features – Brief summary of the clinical features, ideally in bullet points

- Progressive muscle weakness: proximal muscles are usually more severely affected than distal muscles.
- Hypotonia.
- Areflexia/hyporeflexia.
- Tongue fasciculations.

There are different types of SMA, which are characterised by the age of onset and severity of symptoms shown in the table below:

Increasing severity	SMA type	Age of onset	Presentation and prognosis
	Type 0	Prenatal	Often there will have been reduced fetal movements. Postnatally there is respiratory failure at birth, severe weakness, absent reflexes and arthrogryposis. Most babies will not live beyond 6 months

Type 1 (also known as Werdnig-Hoffman disease)	< 6 months (Mean 2.5 months)	Babies may manage to develop some head control but have a progressive muscular weakness and so are unlikely to sit unsupported. May have suck/swallowing difficulties. Median survival is 8-10 months
SMA 2	6-18 months	Proximal muscle weakness. Delayed developmental milestones with loss of some skills. Reduced or absent reflexes. Most survive into adulthood
SMA 3	Childhood: >18 months	Achieve normal ambulation but progressive difficulties running/climbing. Loss of motor skills and fatigue are common. Normal life expectancy.
SMA 4	Adulthood	Fatigue and proximal muscle weakness Normal life expectancy

The genetics of SMA

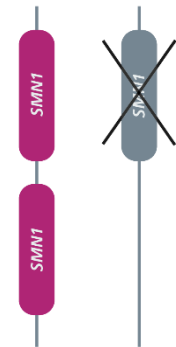
The genetics of: Explain underlying genetics of the condition and causative genes. Emphasise any clinically relevant points that affect genetic testing/variant interpretation.

SMA is caused by loss of both copies (in trans) of the *SMN1* gene (most frequently deletions of both gene copies).

There are two important genetic testing points to remember:

1. The variability of severity of the disease is affected by the number of copies of another gene that is able to produce small quantities of functional SMN protein: the *SMN2* gene. Individuals can have between one and eight copies of *SMN2*. A baby with SMA type 0 is likely to have only one copy of *SMN2*, whereas an individual with SMA IV is more likely to have four or more copies.

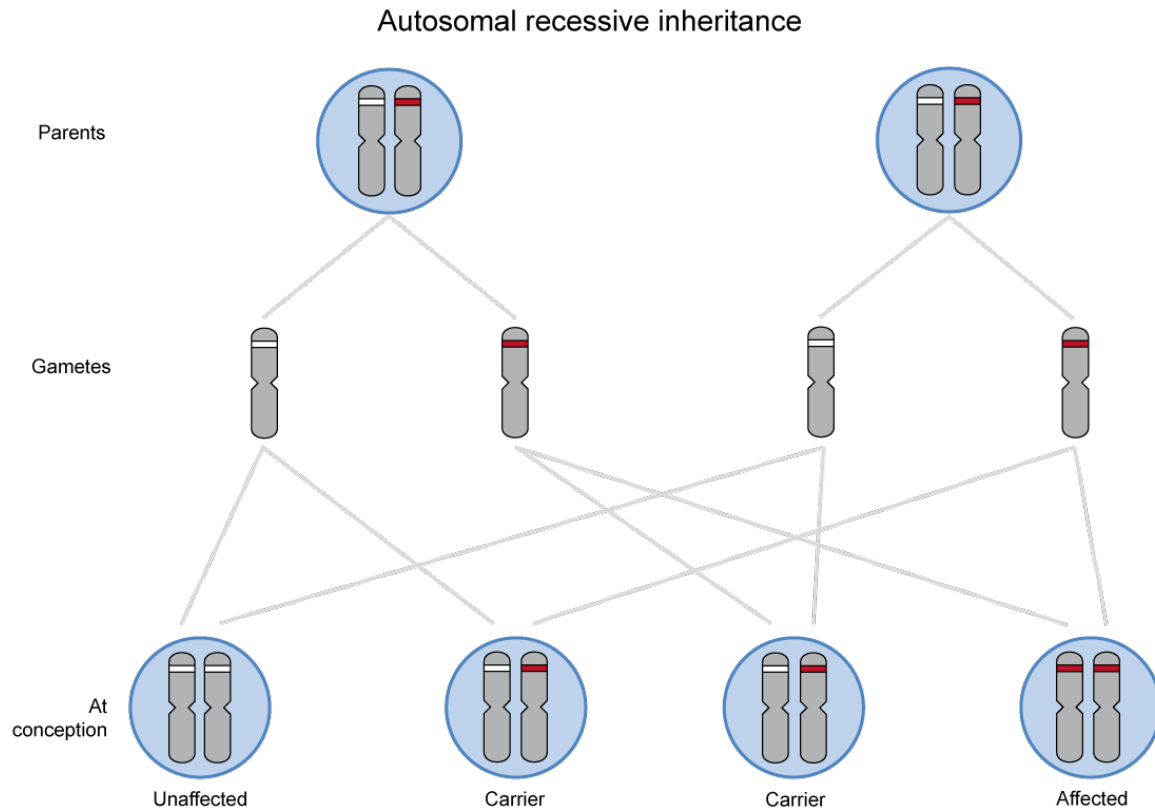
2. Around 5-8% individuals who are carriers for SMA have two copies of *SMN1* *in cis* with each other and a deletion *in trans* (see figure*), known as the 2+0 configuration. This would lead to a false negative result; that is, they wouldn't be reported as being a carrier but they are.



Inheritance and genetic counselling

SMA is an **autosomal recessive** condition. The parents of most affected individuals are carriers for the condition and therefore have a 25% (or 1-in-4) chance of another child being affected (see figure*).

Note: There are Knowledge Hub (Tier 2) documents available on the different inheritance patterns that you should **put in links to** where appropriate.



***Diagrams and figures** are welcome and we can re-draw if required.

Management implications

Management: Note this is a genomics resource. It is not intended to provide clinical management of individual conditions. As such, a very brief overview of management should be given as here, highlighting any genetic therapies if relevant.

Management of children with SMA is complex and should be delivered via a multi-disciplinary team with detailed suggested approaches published by several authors.

Management – Consider linking here to any useful published guidelines

Gene-directed therapies/trials:

Gene-directed therapies in SMA is a research active area. Two options are shown below:

- Nusinersen (Spinraza): This is an antisense oligonucleotide that allows the body to produce more and better quality (longer length) SMN from the *SMN2* gene.
- Onasemnogene abeparvovec-xioi (Zolgensma): Using a vector, the faulty *SMN1* gene is replaced with a working copy.

Resources for clinicians:

Resources for clinicians – Please link to any resources you think would be helpful. This could be review papers, NICE guidelines, criteria for diagnosis and so on. Please also include the NGTD link as standard.

- [National Genomic Test Directory and eligibility criteria](#)

Resources for patients and families:

Resources for patients and families: Link to any recommended patient information leaflets, support groups and so on.